

Info for Girls about Girl Power!

Who?

You! If you're a girl in either grades six, seven, or eight! If you'd like to learn more about "Dartmouth Girl Power," talk it over with your parent(s) and then contact us for more information. It's important to remember that this group is for girls who live in Dartmouth and who are in grades six through eight! Each week we will explore a theme (a subject or idea) that is important to girls. All discussions will be kept confidential (private), our activities will be fun, and of course, munchies will be provided as well!

What?

A support group exploring issues important to girls: body image, self esteem, relationships, your place in the world, and being heard! "Dartmouth Girl Power" meets weekly beginning in October. A second group starts beginning in January

Where?

Held weekly at the Youth Advocate's office, Town Hall, Dartmouth. Contact me at:

Kevin Lee, Youth Advocate, Town Hall, Dartmouth. (508)-910-1855

Email: dartmouthyouth@gmail.com

For Parents: This new support group began in the fall of 2003 and is now in its 9th year. Ideally, we envision a group consisting of four girls from grades six through eight, for a total of twelve awesome girls! Group members are selected from a list generated by referral from colleagues, parents and of course from girls themselves who express interest in our program.

Each year, we have two, sometimes three female interns who were in the group when they were young to assist with running the program. Interns are either juniors or seniors in high school, or frequently, a college-aged young woman is with us as well.

We feel that girls who are struggling with self esteem issues, relationship challenges and other life struggles would be ideal candidates for becoming part of our group. Enrollment will close once each 10-week session begins. Those on a wait-list will be registered first for the next ten-week session. Please contact either of us if you have any questions. Thanks for your interest in "Dartmouth Girl Power!"

Kevin Lee, Youth Advocate
Dartmouth Youth Commission